



Food Security SOS



because we are what we eat!

What is Food Security? Food Security is when all people, at all times, have access to nutritious food, which is produced in a manner that is environmentally sound and socially just.

Who are we? Food Security SOS is a group of individuals and service providers who are working together to support food security for many more generations in the South Okanagan Similkameen. We are currently developing a Community Action Plan to map out future directions to enhance food security.

Why we need you! There are many things communities can do to address food access to all. We need YOUR help deciding what's most important. Consider the questions below and help us identify our community priorities.

1. Please help us and rate the below strategies that seem most important as action steps to increase Food Security in your community. #1 being the most important, #6 the least.

_____ **Education and Awareness**
 (i.e. Buy/Eat Local Campaign; food celebrations; school education: Agriculture in the Classroom; engaging youth in food access programs)

_____ **Partnerships and collaboration**
 (i.e. a local food coalition; network)

_____ **Knowledge and skills for food production, preparation and preservation**
 (i.e. school education; community kitchens; demonstration gardens; canning workshops)

_____ **Increase support and demand for local farmers and producers**
 (Farm Markets; Buy/Eat Local Campaign; local food on restaurant menus; brochure listing local food sources...)

_____ **Increased access to healthy food for those in financial difficulties**
 (Healthy Harvest Box; Fruit Tree Project; The Gleaners; Food Recovery)

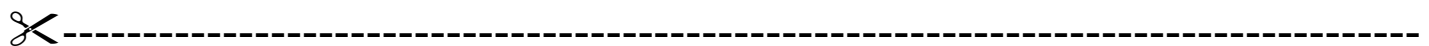
_____ **More food-producing gardens**
 (Community Gardens; Every-Lawn-a-Garden; school gardens)

_____ **Other Priority Strategy:** _____

2. Which community do you live in? _____

3. Do you have any other comments or ideas?

Please share them with us on the back side of this page.



If you would like to join us in building a just food system accessible for this and future generations, please check what pertains to you below and provide us with your contact information.

- Yes, I would like to be contacted for an in-depth interview on my views on access to food.
- Yes, I would like to be part of the Food Security SOS Network's on-line group.
- Yes, I would like to volunteer my time to support a food initiative.

- Name:.....
- E-mail address:
- Phone number:.....Community:.....

